

**NCLEX Test Plan Curriculum Mapping - NES A BN PROGRAMS - 2015**

<b>1. SAFE AND EFFECTIVE CARE ENVIRONMENT</b>	
<b>A. Management of Care</b>	✓
1. Integrate advance directives into client plan of care	
2. Assign and supervise care provided by others (e.g., LPN/VN, assistive personnel, other RNs)	
3. Organize workload to manage time effectively	
4. Participate in providing cost effective care	
5. Initiate, evaluate, and update plan of care (e.g., care map, clinical pathway)	
6. Provide education to clients and staff about client rights and responsibilities	
7. Advocate for client rights and needs	
8. Collaborate with health care members in other disciplines when providing client care	
9. Manage conflict among clients and health care staff	
10. Maintain client confidentiality and privacy	
11. Provide and receive report on assigned clients (e.g., standardized hand off communication)	
12. Use approved abbreviations and standard terminology when documenting care	
13. Perform procedures necessary to safely admit, transfer or discharge a client	
14. Prioritize the delivery of client care	
15. Recognize ethical dilemmas and take appropriate action	
16. Practice in a manner consistent with a code of ethics for registered nurses	
17. Verify that the client comprehends and consents to care and procedures	
18. Receive and/or transcribe health care provider orders	

19. Utilize information resources to enhance the care provided to a client (e.g., evidenced based research, information technology, policies and procedures)	
20. Recognize limitations of self/others and seek assistance	
21. Report client conditions as required by law (e.g., abuse/neglect, communicable disease, gunshot wound)	
22. Report unsafe practice of health care personnel and intervene as appropriate (e.g., substance abuse, improper care, staffing practices)	
23. Provide care within the legal scope of practice	
24. Participate in performance improvement/quality improvement process	
25. Recognize the need for referrals and obtain necessary orders	
<b>B. Safety and Infection Control</b>	✓
26. Assess client for allergies and intervene as needed (e.g., food, latex, environmental allergies)	
27. Protect client from injury (e.g., falls, electrical hazards)	
28. Ensure proper identification of client when providing care	
29. Verify appropriateness and/or accuracy of a treatment order	
30. Implement emergency response plans (e.g., internal/external disaster)	
31. Use ergonomic principles when providing care (e.g., assistive devices, proper lifting)	
32. Follow procedures for handling biohazardous materials	
33. Educate client on home safety issues	
34. Acknowledge and document practice error (e.g. incident report for medication error)	
35. Facilitate appropriate and safe use of equipment	
36. Participate in institution security plan (e.g., newborn nursery security, bomb threats)	
37. Apply principles of infection control (e.g., hand hygiene, surgical asepsis, isolation, sterile technique, universal/standard precautions)	
38. Educate client and staff regarding infection control measures	
39. Follow requirements for use of restraints and/or safety device (e.g., least restrictive restraints, timed client monitoring)	

## 2. HEALTH PROMOTION AND MAINTENANCE

### A. Health Promotion and Maintenance

✓

40. Provide care and education for the newborn less than 1 month old through the infant or toddler client through 2 years

41. Provide care and education for the preschool, school age and adolescent client ages 3 through 17 years

42. Provide care and education for the adult client ages 18 through 64 years

43. Provide care and education for the adult client ages 65 through 85 years and over

44. Provide prenatal care and education

45. Provide care to client in labor

46. Provide post-partum care and education

47. Assess and teach clients about health risks based on family, population, and/or community characteristics

48. Assess client's readiness to learn, learning preferences and barriers to learning

49. Plan and/or participate in community health education

50. Provide information about health promotion and maintenance recommendations (e.g., physician visits, immunizations)

51. Perform targeted screening assessments (e.g., vision, hearing, nutrition)

52. Provide information for prevention and treatment of high risk health behaviors (e.g., smoking cessation, safe sexual practices, drug education)

53. Assess client ability to manage care in home environment and plan care accordingly (e.g. equipment, community resources)

54. Perform comprehensive health assessment

## 3. PSYCHOLOGICAL INTEGRITY

### A. Psychosocial Integrity

✓

55. Assess client for abuse or neglect and intervene as appropriate

56. Incorporate behavioral management techniques when caring for a client (e.g., positive reinforcement, setting limits)	
57. Assess client for drug/alcohol dependencies, withdrawal, or toxicities and intervene as appropriate	
58. Assess client in coping with life changes and provide support	
59. Assess the potential for violence and use safety precautions (e.g., suicide, homicide, self-destructive behavior)	
60. Incorporate client cultural practice and beliefs when planning and providing care	
61. Provide end of life care and education to clients	
62. Assess family dynamics to determine plan of care (e.g., structure, bonding, communication, boundaries, coping mechanisms)	
63. Provide care and education for acute and chronic behavioral health issues (e.g., anxiety, depression, dementia, eating disorders)	
64. Assess psychosocial, spiritual and occupational factors affecting care, and plan interventions	
65. Provide care for a client experiencing visual, auditory or cognitive distortions (e.g., hallucinations)	
66. Recognize non-verbal cues to physical and/or psychological stressors	
67. Use therapeutic communication techniques to provide client support	
68. Provide a therapeutic environment for clients with emotional/behavioral issues	
<b>4. PHYSIOLOGICAL INTEGRITY</b>	
<b>A. Basic Care and Comfort</b>	✓
69. Assist client to compensate for a physical or sensory impairment (e.g., assistive devices, positioning, compensatory techniques)	
70. Assess and manage client with an alteration in elimination (e.g., bowel, urinary)	
71. Perform irrigations (e.g., of bladder, ear, eye)	
72. Perform skin assessment and implement measures to maintain skin integrity and prevent skin breakdown (e.g., turning, repositioning, pressure-relieving support surfaces)	
73. Apply, maintain or remove orthopedic devices (e.g., traction, splints, braces, casts)	
74. Apply and maintain devices used to promote venous return (e.g., anti-embolic stockings, sequential compression devices)	

75. Implement measures to promote circulation (e.g., active or passive range of motion, positioning and mobilization)	
76. Assess client need for pain management	
77. Provide non-pharmacological comfort measures	
78. Manage the client's nutritional intake (e.g., adjust diet, monitor height and weight)	
79. Provide client nutrition through continuous or intermittent tube feedings	
80. Evaluate client intake and output and intervene as needed	
81. Assess and intervene in client performance of activities of daily living	
82. Perform post-mortem care	
83. Assess client need for sleep/rest and intervene as needed	
<b>B. Pharmacological and Parenteral Therapies</b>	✓
84. Administer blood products and evaluate client response	
85. Access venous access devices, including tunneled, implanted and central lines	
86. Perform calculations needed for medication administration	
87. Evaluate client response to medication (e.g., therapeutic effects, side effects, adverse reactions)	
88. Educate client about medications	
89. Prepare and administer medications, using rights of medication administration	
90. Review pertinent data prior to medication administration (e.g., contraindications, lab results, allergies, potential interactions)	
91. Participate in medication reconciliation process	
92. Titrate dosage of medication based on assessment and ordered parameters (e.g., giving insulin according to blood glucose levels, titrating medication to maintain a specific blood pressure)	
93. Evaluate appropriateness and accuracy of medication order for client	
94. Monitor intravenous infusion and maintain site (e.g., central, PICC, epidural and venous access devices)	
95. Administer pharmacological measures for pain management	

96. Administer controlled substances within regulatory guidelines (e.g., witness, waste)	
97. Administer parenteral nutrition and evaluate client response (e.g., TPN)	
<b>C. Reduction of Risk Potential</b>	✓
98. Assess and respond to changes in client vital signs	
99. Perform diagnostic testing (e.g., electrocardiogram, oxygen saturation, glucose monitoring)	
100. Monitor the results of diagnostic testing and intervene as needed	
101. Obtain blood specimens peripherally or through central line	
102. Obtain specimens other than blood for diagnostic testing (e.g., wound, stool, urine)	
103. Insert, maintain and remove a gastric tube	
104. Insert, maintain and remove a urinary catheter	
105. Insert, maintain and remove a peripheral intravenous line	
106. Use precautions to prevent injury and/or complications associated with a procedure or diagnosis	
107. Evaluate responses to procedures and treatments	
108. Recognize trends and changes in client condition and intervene as needed	
109. Perform focused assessment	
110. Educate client about treatments and procedures	
111. Provide preoperative and postoperative education	
112. Provide preoperative care	
113. Provide intraoperative care	
114. Manage client during and following a procedure with moderate sedation	
<b>D. Physiological Adaption</b>	✓
115. Assist with invasive procedures (e.g., central line, thoracentesis, bronchoscopy)	

116.	Implement and monitor phototherapy	
117.	Maintain optimal temperature of client (e.g., cooling and/or warming blanket)	
118.	Monitor and care for clients on a ventilator	
119.	Monitor and maintain devices and equipment used for drainage (e.g., surgical wound drains, chest tube suction, negative pressure wound therapy)	
120.	Perform and manage care of client receiving peritoneal dialysis	
121.	Perform suctioning (e.g. oral, nasopharyngeal, endotracheal, tracheal)	
122.	Provide wound care or dressing change	
123.	Provide ostomy care and education (e.g. tracheal, enteral)	
124.	Provide pulmonary hygiene (e.g., chest physiotherapy, incentive spirometry)	
125.	Provide postoperative care	
126.	Manage the care of the client with a fluid and electrolyte imbalance	
127.	Monitor and maintain arterial lines	
128.	Manage the care of a client with a pacing device (e.g., pacemaker)	
129.	Manage the care of a client on telemetry	
130.	Manage the care of a client receiving hemodialysis	
131.	Manage the care of a client with alteration in hemodynamics, tissue perfusion and hemostasis (e.g., cerebral, cardiac, peripheral)	
132.	Educate client regarding an acute or chronic condition	
133.	Manage the care of a client with impaired ventilation/oxygenation	
134.	Evaluate the effectiveness of the treatment regimen for a client with an acute or chronic diagnosis	
135.	Perform emergency care procedures (e.g., cardio-pulmonary resuscitation, respiratory support, automated external defibrillator)	
136.	Identify pathophysiology related to an acute or chronic condition (e.g., signs and symptoms)	
137.	Recognize signs and symptoms of complications and intervene appropriately when providing client care	